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It Rains Fishes: Legends, Traditions, And The Joys Of Thai Cooking



Synopsis

Book by Loha-unchit, Kasma

Book Information

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Customer Reviews

First and foremost the book presents a series of recipes, easy to follow and in every instance a delight to prepare and to serve. The preparation of the ingredients, their traditional uses, and helpful information about potential combinations provide the reader with a banquet of information about the preparation of food in the traditional Thai style. Moreover, the book contains helpful suggestions on preparation techniques, for locating and purchasing ingredients, and for ultimate presentation of the dish. Loha-Unchit clearly strives to prepare the reader for the Thai cooking experience: providing basic instruction for those just beginning and important details to more experienced Thai cooks. The book also is visually beautiful. Numerous line drawings and beautiful images (apparently watercolors) provide the reader with beautiful images ranging from market scenes in Bangkok to illustrations of people working in the countryside. I found myself going back to the pictures and imagining myself observing the scenes they depicted. Finally, this book is a feast for the mind. Loha-unchit provides the reader with a history of the foods, their origins, and their place within the Thai cuisine. Loha-unchit guides us through a process that enables us to obtain and employ ingredients to produce authentic and traditional Thai cuisine with a minimum of fuss and a maximum of results. For example, although the book contains recipes for making your own curries from scratch it also provides suggestions for commercially available curries that provide the flavors closest to Thai home-made. This is not a cookbook for those who think you can label a dish Thai by

adding a few peanuts and a bit of lemon grass.

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